

# Sixth Annual TigerPride Trot 10K Run and 5K Run / Walk Sunday, April 8, 2018 7:30am Registration / 9:00am Race

**About This Event**

The South Hadley Music Parents are hosting the TigerPride Trot to benefit the SHHS Music Department. Participants will follow one of two courses around South Hadley, both starting and ending at South Hadley High School. Awards will be given to the top three finishers of each gender and the top finisher of each age and gender category. Net proceeds will be used to fund music education at South Hadley High School.

**Additional Information**

On-Site Registration begins at 7:30 am at South Hadley High School (153 Newton St, South Hadley MA 01075). The race will begin at 9:00 am. Parking is available in lots in front of the High School. Headsets, dogs on leashes, bicycles, in-line skates and vehicles used to transport children are prohibited.

**Select a Category:** 10K Run  5K Run  5K Walk

**REGISTRATION FEE:** 5K Run/Walk \$20.00 in advance (\$25.00 day of race)  
10K Run \$30.00 in advance (\$35.00 day of race)

LAST NAME

**OFFICIAL USE:**

**Bib#**

FIRST NAME

MONTH DAY YEAR

AGE ON: 04/08  BIRTHDATE    GENDER

Tee Shirts to first 150 Pre-Registrations  
(CIRCLE) T-SHIRT SIZE: **S M L XL XXL**

ADDRESS

CITY  STATE  ZIP

E-MAIL

PHONE

HOW DID YOU HEAR ABOUT THE RACE: \_\_\_\_\_

**EMERGENCY CONTACT NAME/PHONE** Please enter name of family/friend that should be contacted in case of an emergency

NAME

PHONE

**WOULD YOU BE INTERESTED IN A HALF MARATHON NEXT YEAR? YES / NO**

I know that running/walking a road race is a potentially hazardous activity. I should not enter and run/walk unless I am medically able and properly trained. I assume all risks associated with running/walking in this event. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release *South Hadley Music Parents Association Inc.*, its employees, members, and all sponsors or officials of *The TigerPride Trot*, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. Headsets, dogs on leashes, bicycles, in-line skates and vehicles used to transport children are prohibited. I also allow SHMPA to use any photos of me during the race for promotional purposes.

Required Signature: (Parent if entrant is under18) \_\_\_\_\_ Date: \_\_\_\_\_

**Payment: Check or money order** made out to: SHMPA. **Mail** registration form by Saturday, March, 31, 2018 to: TigerPride Trot, PO Box 63, South Hadley, MA 01075.

**Sign up on-line** and pay via credit card at [www.southhadleymusic.org](http://www.southhadleymusic.org) until 11:59pm Thursday, April 5, 2018.